

Dramatic Play

- Dress up and kitchen areas allow the students to create and recreate stories and experiences through dramatic representations
- Block area provides creativity for construction and personal expression
- Props help develop creative expression through imaginary play

Physical Education

- Outdoor games increase listening skills and the ability to follow two to three-step directions
- Develop social interactions with peers
- The outside play structure and equipment provide the opportunity to develop the students' gross motor skills

Language Arts and Literacy

- Alphabet Awareness of letter recognition and sounds
- Become aware of sequence of sounds
- Recognize and produce oral rhymes
- Identify beginning phonemes in words
- Develop vocabulary in various contexts
- Follow simple pictorial or oral directions
- Engage in verbal expression
- Understand print and book awareness
- Develop fine motor skills and hand-eye coordination
- Understand that writing is a way to communicate
- Develop writing skills by drawing pictures to tell a story (Journals)
- Develop/increase attention span
- Listen to a variety of media

The Sisters' Connection

The mission of the Institute of Union-Chrétienne de Saint Chaumond is to provide a positive educational experience for children in an environment grounded in Christ, according to the charisma of the Institute.

The Sisters' involvement and primary goal is first to provide a foundation for our teachings of the Catholic faith and to provide foreign language skills to enable growth in each child's abilities in the following years.

Catholic Faith: Provide examples in everything we do at NDA in relationship to Christ. Display God's love throughout the day and teach the Catholic faith within all levels at school.

Foreign Languages: French & Spanish

All grades: Preschool-8th:

- Prayers: Our Father, Hail Mary, Glory Be

Preschool & Kinder Prep:

- Learning through songs, basic greetings, numbers 1-20, the family, conversation

Kindergarten-8th:

- Basic greetings, formal and informal "you", colors, months of the year, numbers 0-100, conversation, vocabulary list, basic phrases that are useful in classroom
- From 5th-8th: Introduction to grammar, the uses of foreign language knowledge in today's society

Notre Dame Academy

4345 Del Mar Trails Road
San Diego, CA 92130
Phone: 858.509.2300
www.ndacademy.com

Notre Dame Academy

Curriculum Guide



*A private Catholic school of
the Sisters de
L'Union-Chrétienne de
Saint Chaumond*

Summary of Kinder Prep Skill Expectations

Kinder Prep Goals

Notre Dame Academy's Kinder Prep is an early childhood program which is designed to nurture the development of the whole child.

- To provide your child with a Catholic education and bring God's love into teaching and learning.
- To provide your child's early school experience filled with love, joy and fun.
- To offer the best possible curriculum for today's four-year-old students
- To help young children become self confident, independent, caring and life long learners.
- To instill positive school habits and attitudes this extends to inside and outside of the classroom
- To expose and enrich the students' language skills in English, Spanish and French
- To establish a successful transition to Kindergarten

Kinder Prep Curriculum

The curriculum is designed for children to be involved in group and independent activities which promote learning through play. Monthly thematic units of study provide an enriched program for exploration in each subject area.

Our daily schedule will offer a creative and learning balance between the following activities.

- Active and quiet time
- Large and small group activities
- Indoor and outdoor playtime
- Opportunity for independent learning and teacher directed activities
- Activities to develop gross and fine motor skills

Religion

Faith Formation is of great importance to Notre Dame Academy. Faith Development is incorporated into daily classroom activities and life lessons.

- The children develop an awareness of the love of God.
- The children will receive life lessons and moral awareness through the reading of Bible stories, songs and Catholic instruction.
- To encourage both individual and group prayer, the students will learn formal prayers as well as develop their personal relationship with God.

Creative Arts

- The students will be allowed to express themselves artistically through various mediums such as drawing, painting and sculpture

Math

- Develop number sense and awareness
- Recognize numerals 1-20
- Rote counting 1- 25 + is presented to the students to increase linear counting and memorization skills.
- Understanding math operations
- Match quantities up to 10 with numerals and words
- Recognize geometric shapes
- Explore concept of graphing, patterning, classifying and sorting
- Tracing and printing numerals
- Use of tools to explore measuring
- Awareness of time and money

Science

- Discover the Physical, Life and Earth Science units through investigation and experiment in nature and the world around them
- Field trips will provide an extension of classroom instruction
- Nutrition and Health lessons provide the stepping-stones for safe and healthy living

Social Science

- Develop an awareness of self, family and community
- Participate in school-wide activities
- Learn to share, cooperate and communicate with peers through social interactions
- Explore various cultures, traditions and religious holidays

Music

- Exposure to various styles of music
- Develop gross motor skills and body coordination through music and movement activities
- Exploration of musical instruments